

EXSISTING
IS BETTER,
TOGETHER!



BODY DOUBLING

@misfit_lab

No, you're
not
being
cloned



**Body
doubling** is
using the
company of
others to...

READ CLEAN
EXERCISE STUDY
COOK CRAFT
WRITE EXIST!
SLEEP
RELAX CHILL GAME
THINK MAKE

We've always done it...
Then ~~TWITTER~~ came along
and we learned its name.

You're moving into a land
of both shadow and
substance, of things and
ideas. You've just crossed
over into the Double Zone.

ACROSS
SPACE, TIME,
 Σ
MUTUALITY

GAME START

Choose YOUR Adventure

..... **SPACE**

together online



together at a
kitchen table

..... **TIME**

it's a pre-
recorded video



it's at the same
damn time

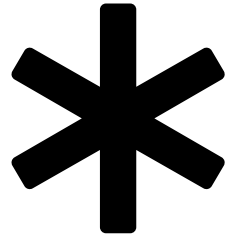
..... **MUTUALITY**

they're strangers
who don't know
i'm here



they're my
bestie and keep
me accountable

“It helps me feel
less alone in my
tasks. It makes
everything less
daunting to face.”



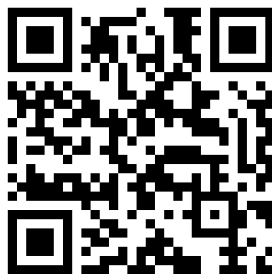
“body doubling
makes me just **make**
a start anywhere”



Bre Baltaxe-Admony,
Tessa Eagle,
Kevin Weatherwax



poster



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